



SUKRITAVAANI

September 2026





Dear friends,
Greetings!!

While friendships may change and parents may grow older, the bond between siblings often remains one of the longest-lasting relationships in a person's life—from childhood through adulthood and into old age.

For children with special needs, this bond can hold an even greater significance.

At Sukriti, we believe that siblings can play an important role in the lives of children with special needs. As children grow, their needs and circumstances may change, and many may continue to rely on the companionship, understanding and support of their siblings at different stages of life. Siblings can become trusted companions, advocates and an important source of emotional and practical support.

This is why Rakshabandhan at Sukriti is more than a celebration—it is an opportunity to create awareness and nurture a sense of responsibility among siblings from an early age. Parents have an important role in helping children understand that caring, supporting and standing by a sibling with special needs is a lifelong bond built on love, respect and understanding.

This year, members of the Lions Club of Fort St. George celebrated Rakshabandhan at our centre along with children undergoing therapy at Sukriti. The children were delighted to be made to feel special and celebrated. Families spent time together in a warm and cheerful atmosphere, with refreshments and gifts adding to the joy of the occasion.

The happiness continued long after the celebration ended. Some children returned home excited to show their Rakhis to their neighbours, proudly sharing the joy of the special day. Others were so attached to their Rakhis that they refused to remove them even after a week!

These may seem like small moments, but they carry a deeper meaning. For a child, being included, celebrated and made to feel special can create memories that last a lifetime.

Thank you for standing with us and being a part of our journey.

With best regards
Sowmya Simhan



Monthly Grocery Kits & Therapy Needs

As part of our ongoing support, every month during the first week, we provide grocery kits to around 11 children undergoing treatment at our centre.

Last month, the grocery kits were generously sponsored by the Lions Club of Silver Pearls. This month, we are grateful to the Lions Club of Chennai

Pattinam, along with Brahma Sastra Trust, for sponsoring the grocery kits and contributing a few much-needed therapy items.

We sincerely thank all the members of both organisations for coming forward and supporting this important need.

Would You Like to Be Part of This Initiative?

If you would like to support our monthly grocery-kit programme, you are most welcome to do so. You are also welcome to visit our centre and personally hand over the grocery kits to the families.

We Also Need Your Support for Therapy Items

Our therapy centre uses several items every day. Some are frequently replaced due to regular use, while others help us expand the range of activities we can provide to the children.

We are currently looking for support for the following:

Item	Requirement	Approximate Cost
Play Mats	2 mats every month	₹900 per mat
Child Walkers	12 per year	₹2,300 each
Mini Exercise Bike	1	₹5,000
Exercise Stepper	1	₹1,100
Mobiliser Belt	1	₹1,200

Every Contribution Counts

We invite our donors, well-wishers, service organisations and friends of Sukriti to come forward and support these needs.

Together, we can ensure that no child's progress is limited by the lack of basic support or essential therapy resources.

Support our work

UPI ID: sukritisocial@mahb

Net banking:

Sukriti Social Foundation

SB A/C No: 20017963656

Bank of Maharashtra

Mount Road Branch

IFSC Code: MAHB0000400

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