



SUKRITAVAANI

December 2025



Dear Friends and Supporters,

I turn 60 on 5th January. Whenever I mention it, people ask me two things: *What gift do you want?* and *How do you look back on 60 years of life?*

To the second question, my answer is simple: I feel **blessed**. I grew up in a time with very little awareness about inclusion, disability rights or accessibility. But I was fortunate to have a supportive family, good friends, a caring employer and a society that held strong values.

Today we have social inclusion, laws, technology and greater awareness. Yet many children and adults with disabilities still struggle for simple solutions that

should be within reach. Polio may have been eradicated, but disability has not — and its impact is even more harder now. This is what led me to work for children and adults with disabilities, so that they can have all that I was fortunate to have.

If you would like to give me a birthday gift, this is my only wish:

Join me in helping a child take a step toward independence.

From 30th December to 5th January, I'm marking my birthday with **7 Days of Giving**. If you feel moved to contribute, your support will help a child walk with confidence and dignity.

Thank you for being a part of this journey.

With gratitude,
Sowmya Simhan

Support our work

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